



Found Objects

Engagement with the land, nature, and the outdoors

Learning ultimately supports the well being of the self, family, community, land, spirits and the ancestors.

Learning recognizes the role of Indigenous knowledge.

Spiritual (Awareness of self, connections to others and to the land)

Everything First Peoples needed to live came from the land. Tools could be made from many different natural objects:

Rocks | sinkers for fishing, heat water for cooking

Cedar | makes canoes, shelter, clothing

Bones/shells | tools for sewing

Printer

Pencil

1. Pick a spot outside that you would like to explore (around your house, at a park, etc.)
2. Find a natural object (e.g. rock, stick, leaf) trying to find something that can fit in your hand. Please remember: if you pick something up you must put it back where you found it.
3. Ask your self some questions: What is the natural object, was it ever alive, what happens to it if it is raining, if it is sunny, if it is windy?
4. What could you use the object for (e/F5 12 Tf2wa.

